## SRI KRISHNA ARTS AND SCIENCECOLLEGE

An Autonomous College affiliated to Bharathiar University

## Life Skills-Academic Year:2021-2022

Life skills are skill sets that help people make informed decisions, solve complex problems, think creatively and critically, communicate effectively, show empathy, and build healthy relationships. development in this regard would lead to a smoother transition to the world of university and work include problem-solving, critical thinking, stress management, self-management skills like resilience, active learning, stress tolerance and flexibility.

S.No	List of Activities Conducted
1	Orientation on Etiquettes in Online Learning
2	Life Skills – Effective Leadership
3	Alumni Connect – Life Skills
4	Career Opportunities in Mathematics
	Guest Lecture on Shortest path Algorithms with Neutrosophic
5	numbers
6	Webinar on "Road to be Taken"
7	Enliven the Shakespearean Characters
8	Debate on "Optimism vs. Pessimism"
9	Debate on "Are Men Silent Sufferers in the Modern Society?
10	Webinar on "New Dimensions in Feminist Series"
11	Skills and Thrills
12	Orientation Programme For BPS
13	Entreprenurial Skills
14	Business Management-Gestion Des Affaires
15	Alumini Meet getting ready for interview
16	Interview Techniques
17	Crafting yourself (Leadership)
18	Building Savings-Ready for the Road Ahead
19	Healing with Mandala
20	How to start a boutique
21	An Introduction to Fuzzy set
22	Sleep and its significance
23	Illustrated Lecture for human Behaviour in social organized
24	Community level COVID 19 awareness programme
25	Third wave covid community level awareness
26	Online oath taking event

27	Volunteering in social work
28	Scope of Microbiology - Alumni Interaction
29	Holistic health for youth
30	Herbal Plantation
31	BioentrepreneurStartup - Antivenom Detection Kit
32	Marine salts and its utilization
33	Application of Proteomics Techniques in the Research
34	Demo on Home Composting: Aerobic Bin Methods
35	nona Catalyst mediated Biodiesel production from Algae
36	Future Scope for Life science graduate in Medical Field